



ELEMENTARY LUNCH MENU

JANUARY  
2016-17

Monday		Tuesday		Wednesday		Thursday		Friday	
Fat Free Chocolate, FFStrawberry,		1%White Milk		Meat on Pizza is Turkey		Margarine Served w/Bread		Menu Subject to Change	
<b>X</b>	<b>2</b>	<b>D</b>	<b>School Resumes 3</b>	<b>E</b>	<b>4</b>	<b>A</b>	<b>5</b>	<b>B</b>	<b>6</b>
NO SCHOOL		Taco Meat w/Cheese 3.67 oz (2 .5oz M/MA, 1/8 cup Vegetable)		Breaded Chicken Fry Sticks 3.44 oz Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR		Cheese Pizza 5.05 oz (2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)		Cheeseburger Sliders 4.35oz on Whole Grain Bun 2 oz, 2 WGR	
		Taco Chips or Flour Tortilla (2) 2 oz WGR		Buttered Corn 3/4 Cup		Tossed Salad w/Romaine Lettuce 1/2 Cup		Potato Rounds 3/4 Cup	
		Refried Beans 3/4 Cup		Orange Juice 1/2 Cup		Celery Stix w/Ranch Dressing 1/2 Cup		Fruit Pie	
		Sliced Apple 1/2 Cup		Assorted Milk 1 Cup		Petite Banana 1 Each		Orange Juice 1/2 Cup	
		Assorted Milk 1 Cup				Assorted Milk 1 Cup		Assorted Milk 1 Cup	
<b>C</b>	<b>9</b>	<b>D</b>	<b>10</b>	<b>E</b>	<b>11</b>	<b>A</b>	<b>2-HOUR DELAY 12</b>	<b>B</b>	<b>13</b>
Mini Turkey Corn Dogs 4 oz (2 oz M/MA, @ oz WGR)		Grilled Italian Chicken Patty w/Cheese 2.54 oz (2.5oz M/MA)		Grilled Chicken Nuggets 3.20 oz 2 oz M/MA .75 oz WGR		Pepperoni Pizza 5.05 oz (2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)		Beef Hot Dog 2 oz (2oz M/MA) Whole Grain Bun 1.4 oz, 2 oz WGR	
Mini Carrots w/Ranch Dressing 3/4 Cup		on a Whole Grain Bun 2 oz(2 oz WGR)		Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR		Tossed Salad w/Romaine Lettuce 1/2 Cup		Baked Beans 3/4 Cup	
Fruit Cup 1/2 Cup		Mini Carrots w/Ranch Dressing 3/4 Cup		Buttered Corn 3/4 Cup		Celery Stix w/Ranch Dressing 1/2 Cup		Orange Juice 1/2 Cup	
Assorted Milk 1 Cup		Orange Juice 1/2 Cup		Orange Juice 1/2 Cup		Petite Banana 1 Each		Assorted Milk 1 Cup	
		Assorted Milk 1 Cup		Assorted Milk 1 Cup		Assorted Milk 1 Cup			
<b>C</b>	<b>16</b>	<b>D</b>	<b>17</b>	<b>E</b>	<b>18</b>	<b>A</b>	<b>19</b>	<b>B</b>	<b>20</b>
Dr. Martin Luther King, Jr. Day NO SCHOOL		Taco Meat w/Cheese 3.67 oz (2 .5oz M/MA, 1/8 cup Vegetable)		Breaded Chicken Nuggets 3.20 oz 2 oz M/MA .75 oz WGR		Cheese Pizza 5.05 oz (2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)		Baked Spaghetti w/Meat Sauce 2 oz M/MA .75 oz WGR	
		Taco Chips or Flour Tortilla (2) 2 oz WGR		Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR		Tossed Salad w/Romaine Lettuce 1/2 Cup		Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR	
		Refried Beans 3/4 Cup		Buttered Corn 3/4 Cup		Celery Stix w/Ranch Dressing 1/2 Cup		Celery and Carrots w/Ranch Dressing 3/4 Cup	
		Sliced Apple 1/2 Cup		Orange Juice 1/2 Cup		Petite Banana 1 Each		Orange Juice 1/2 Cup	
		Assorted Milk 1 Cup		Assorted Milk 1 Cup		Assorted Milk 1 Cup		Assorted Milk 1 Cup	
<b>C</b>	<b>23</b>	<b>D</b>	<b>24</b>	<b>E</b>	<b>25</b>	<b>A</b>	<b>26</b>	<b>B</b>	<b>27</b>
BBQ Rib Sandwich 4.71 oz (2.25oz M/MA, 2 oz WGR)		Sloppy Joe w/Cheese 3.63 oz (2oz MMA) on a Whole Grain Bun 2 oz(2 WGR) 1/8 Cup Veg.		Grilled Teriyaki Chicken Tenders 3 oz 2 oz M/MA		Pepperoni Pizza 5.05 oz (2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)		Baked Macaroni & Cheese 8 oz 2 oz M/MA .75 oz WGR	
Baked Beans 3/4 Cup		Celery and Carrots w/Ranch Dressing 3/4 Cup		Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR		Tossed Salad w/Romaine Lettuce 1/2 Cup		Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR	
Orange Juice 1/2 Cup		Orange Juice 1/2 Cup		Seasoned Fries 3/4 Cup		Celery Stix w/Ranch Dressing 1/2 Cup		Celery and Carrots w/Ranch Dressing 3/4 Cup	
Assorted Milk 1 Cup		Assorted Milk 1 Cup		Fruit Cup 1/2 Cup		Petite Banana 1 Each		Orange Juice 1/2 Cup	
				Assorted Milk 1 Cup		Assorted Milk 1 Cup		Assorted Milk 1 Cup	
<b>C</b>	<b>30</b>	<b>D</b>	<b>31</b>						
Pepperoni and Cheese Calzone 5.0z (2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)		Taco Meat w/Cheese 3.67 oz (2 .5oz M/MA, 1/8 cup Vegetable)							
Mini Carrots w/Ranch Dressing 3/4 Cup		Taco Chips or Flour Tortilla (2) 2 oz WGR							
Fruit Cup 1/2 Cup		Refried Beans 3/4 Cup							
Assorted Milk 1 Cup		Sliced Apple 1/2 Cup							
		Assorted Milk 1 Cup							

