



ELEMENTARY LUNCH MENU

NOVEMBER
2016-17

Monday	Tuesday	Wednesday	Thursday	Friday
Fat Free Chocolate, FFStrawberry,	1%White Milk	Meat on Pizza is Turkey & Beef	Margarine Served w/Bread	Menu Subject to Change
	C	D	E	A
	1	2	3	4
	Beef & Bean Burrito 5 oz	Grilled Chicken Nuggets 3.20 oz	Conference Day	Conference Day
	2 oz M/MA, 2 oz WGR	(2 oz M/MA, @ oz WGR)	No School	No School
	Sliced Apple 1/2 Cup	Mini Carrots w/Ranch Dressing 3/4 Cup	for Elementary Students	for Elementary Students
	Refried Beans 3/4 Cup	Fruit Cup 1/2 Cup		
	Assorted Milk 1 Cup	Assorted Milk 1 Cup		
B	C	D	E	A
7	8	9	10	11
Taco Meat w/Cheese 3.67 oz		Breaded Chicken Nuggets 3.20 oz	Pepperoni Pizza 5.05 oz	Baked Macaroni & Cheese 8 oz
(.5oz M/MA, 1/8 cup Vegetable)	No School Today	2 oz M/MA, .75 oz WGR	(2 oz M/MA, 2 oz WGR, 1/8 Cup Vegetable)	2 oz M/MA, .75 oz WGR
Taco Chips or Flour Tortilla (2) 2 oz WGR	(Waiver Day)	Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR	Tossed Salad w/Romaine Lettuce 1/2 Cup	Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR
Refried Beans 3/4 Cup		Buttered Corn 3/4 Cup	Celery Stix w/Ranch Dressing 1/2 Cup	Celery and Carrots w/Ranch Dressing 3/4 Cup
Sliced Apple 1/2 Cup	<i>All Staff Is Expected To Report To Work</i>	Orange Juice 1/2 Cup	Petite Banana 1 Each	Orange Juice 1/2 Cup
Assorted Milk 1 Cup		Assorted Milk 1 Cup	Assorted Milk 1 Cup	Assorted Milk 1 Cup
B	C	D	E	A
14	15	16	17	18
Sloppy Joe 3.63 oz (2oz MMA)	BBQ Rib Sandwich 4.71 oz	Grilled Italian Chicken Patty w/Cheese 2.54 oz	Cheese Pizza 5.05 oz	Baked Spaghetti w/Meat Sauce
on a Whole Grain Bun 2 oz(2 WGR)1/8 Cup Veg.	(2.25ozM/MA, 2 ozWGR)	(2.5ozM/MA)	(2 oz MMA, 2 oz WGR, 1/8 Cup Vegetable)	2 oz M/MA, .75 oz WGR
Potato Rounds 3/4 Cup	Baked Beans 3/4 Cup	on a Whole Grain Bun 2 oz(2 oz WGR)	Tossed Salad w/Romaine Lettuce 1/2 Cup	Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR
Orange Juice 1/2 Cup	Orange Juice 1/2 Cup	Mini Carrots w/Ranch Dressing 3/4 Cup	Celery Stix w/Ranch Dressing 1/2 Cup	Celery and Carrots w/Ranch Dressing 3/4 Cup
Assorted Milk 1 Cup	Assorted Milk 1 Cup	Orange Juice 1/2 Cup	Petite Banana 1 Each	Orange Juice 1/2 Cup
		Assorted Milk 1 Cup	Assorted Milk 1 Cup	Assorted Milk 1 Cup
B	C	D	X	X
21	22	23	24	25
Pepperoni and Cheese Calzone 5.oz	Taco Meat w/Cheese 3.67 oz	Sliced Turkey with Gravy 3.25 oz		
(2 oz MMA, 2 oz WGR, 1/8 Cup Vegetable)	(.5oz M/MA, 1/8 cup Vegetable)	(2 oz MMA)	Thanksgiving Day	Thanksgiving Day Break
Mini Carrots w/Ranch Dressing 3/4 Cup	Taco Chips or Flour Tortilla (2) 2 oz WGR	Mashed Potatoes 3/4 Cup	No School	No School
Orange Juice 1/2 Cup	Refried Beans 3/4 Cup	Slice of Whole Grain Bread(2) 1.97 oz 2 oz WGR		
Assorted Milk 1 Cup	Sliced Apple 1/2 Cup	Apple Fruit Pie		
	Assorted Milk 1 Cup	Orange Juice 1/2 Cup		
		Assorted Milk 1 Cup		
E	A	B		
28	29	30		
Cheeseburger Sliders 4.35oz	Beef Hot Dog 2 oz (2oz M/MA)	Mini Turkey Corn Dogs 4oz		
on Whole Grain Bun 2 oz, 2 WGR	Whole Grain Bun 1.4 oz, 2 oz WGR	(2ozM/MA2ozWGR)		
Potato Rounds 3/4 Cup	Baked Beans 3/4 Cup	Mini Carrots w/Ranch Dressing 3/4 Cup		
Orange Juice 1/2 Cup	Orange Juice 1/2 Cup	Fruit Cup 1/2 Cup		
Assorted Milk 1 Cup	Assorted Milk 1 Cup	Assorted Milk 1 Cup		